



# Sherman Hub News

A Publication for Stiple, Blakely, Gibson, St.Clair, and Everyone

SEPTEMBER - OCTOBER 2019

TRUTH

OR

DARE

PAGE 15

PAGE 6

THE TRADITION CONTINUES...  
SHERMAN HUB NEWS PRESENTS ELECTION CANDIDATE Q&A  
2019 FEDERAL EDITION

START  
PLANNING  
FOR

Monday October 21

MEET YOUR HAMILTON CENTRE  
CANDIDATES ON PAGE 12

# HOLIDAY WISH HAMILTON

BY LORI COOKE

Now in its fifth year, Holiday Wish Hamilton provides a complete holiday meal and gifts to those less fortunate in our community. Our goal this year is to provide a meal and gifts for 50 families and individuals who may not go to a food bank because of pride, or may not qualify for help because of the low income threshold, illness, loss of a family member, or recent job loss. Those of us who have been blessed may be able to help others who are not.

There are many ways to get involved. You can volunteer through shopping, wrapping and delivering food hampers and gifts, or referring deserving families. Holiday Wish Hamilton volunteers purchase all that is needed, assemble gift packages, and deliver them anonymously. The delight and relief that families feel goes beyond words – the holidays are a stressful time for many, and a nutritious meal, plus a small toy for the little ones, and a gift card for the bigger ones is a welcome pick me up!

Our packing and delivery date is Saturday, December 14th. Financial donations are also welcome – HWH will provide a tax receipt for donations over \$20 through our charitable partners, Boys and Girls Clubs of Hamilton and HARRRP.

For the first time ever, Holiday Wish Hamilton will be holding a gala fundraiser, complete with a lovely dinner, music by RSK Entertainment, silent auction, and more! Join us on Saturday, September 21, at 5:30 pm at The Marquis Gardens, 1050 Rymal Road East. No tickets will be available at the door, so get your tickets now - order online at [hwhamilton.ca](http://hwhamilton.ca), or email [info@hwhamilton.ca](mailto:info@hwhamilton.ca). Many thanks to LIUNA for their ongoing generosity and support of Holiday Wish Hamilton!

For more info, go to Facebook: Holiday Wish Hamilton, visit [hwhamilton.ca](http://hwhamilton.ca), or email [info@hwhamilton.ca](mailto:info@hwhamilton.ca)  
Lori Cooke is Coordinator of Holiday Wish Hamilton

**Holiday Wish Hamilton's**  
**Gala Event**

Dinner, Silent Auction,  
"Mystery Boxes"  
Music by: Kyle Scott

**RSK**  
RISK-ON-SHIP ENTERTAINMENT GROUP

**Saturday, 21st Sept. 2019**

**The Marquis Gardens**  
1050 Rymal Road E., Ham., ON L8W 3N6

**\$65 per person / \$600 table of ten**  
buy tickets online at [www.hwhamilton.ca](http://www.hwhamilton.ca)

**LIUNA!**

**HARRRP**  
Helping People Create Communities

**SHOP LOCAL**  
Picks HAMILTON

**Boys & Girls Club of Hamilton**

## JAMES W. ORME

HAMILTON LAWYER

When you're planning your estate, you need a lawyer you can trust to prepare the most important documents of your life.

- ◆ Wills
- ◆ Powers of Attorney
- ◆ Estates

**Both Powers of Attorney  
for the price of one**

Practising law since 1977, James Orme goes above and beyond for his clients, and offers flexible service to ensure that everyone can have the comfort of knowing that their affairs are in order.

His experience and knowledge is trusted by the Law Society and many retired lawyers, who have entrusted him with their wills.



**CALL FOR A FREE  
QUOTE TODAY!**

105 Main Street East  
Unit 504  
Hamilton, Ontario  
L8N 1G6  
905-527-1119  
[lawyersorme@hotmail.com](mailto:lawyersorme@hotmail.com)

# SO, WHAT DID YOU DO TODAY?

## A Checklist on How We're Doing as Good Neighbours

BY JANET ROBINSON

Our lives are filled with activities, responsibilities, and opportunities. How we spend our time is important, and every so often we need to ask ourselves if we are using our time in the best possible way. So, what did you do today to make the world a little better place to be in?

**Did you tell someone you love them?**

**Did you check in on that elderly neighbour to see if they're OK and if there's anything they need?**

**Did you send an email of gratitude and encouragement to the CEO of an organization that is working hard to improve the lives of others in our society? Did you send them a little financial support?**

**Did you plant some flowers or a tree to add a little beauty to your neighbourhood?**

**Did you tell the neighbour with the beautiful front yard how much you appreciate their hard work?**

**Did you slip a grocery store gift card (anonymously) into the door of someone who is facing some financial challenges right now?**

**Did you stop someone who was about to deliver some gossip to you?**

**Did you sign up to sponsor a child or family overseas who are living in poverty?**

**Did you teach your children a valuable life lesson to prepare them for adulthood?**

**Did you call a high school or university to offer free tutoring in your field of expertise?**

**Did you offer to help a new, inexperienced mother?**

**Did you offer to do some free household repairs for a neighbour in need?**

**Did you call or visit someone who is grieving the loss of a loved one?**

**Did you visit someone in a hospital or nursing home?**

**Did you play some soothing classical music in your backyard?**

**Did you grow some extra veggies in your garden and take them to a neighbour?**

**Did you prepare a little package with a pair of socks, a protein snack, and encouraging reading material to give to one of the people on the street corners who ask for change?**

This is just a short list of questions to ask yourself daily. There are so many ways we can improve the lives of others. It just takes a little imagination and commitment.

*Janet Robinson is a retired Mental Health Counsellor*



# Sherman Hub News

The Sherman Hub News is a volunteer-run bi-monthly publication in association with the Sherman Hub Community Group. It is delivered door-to-door to homes and businesses from Wentworth to Gage, between the Escarpment and the CN tracks north of Barton.

To place an ad in the Sherman Hub News, please send an email to [shermanhubnews.advertising@gmail.com](mailto:shermanhubnews.advertising@gmail.com).

If you would like to volunteer with the Hub News or contribute content to the paper, please contact us at [shermanhubnews@gmail.com](mailto:shermanhubnews@gmail.com).

We would love to have your help.

CHIEF PHILOSOPHY OFFICER: GREG READER

EDITOR-IN-CHIEF: MEL WALTHER

MANAGING EDITOR: LESLEY COOKE

EVENTS EDITOR: TERRY MOTE

COPY EDITORS: PATTY CLYDESDALE, LESLEY COOKE, SADIE WOLFE

ADVERTISING MANAGER: STEVE DEVISSER

DISTRIBUTION MANAGER: LESLEY COOKE

PROOF READERS: TERRY MOTE

DISTRIBUTION VOLUNTEERS:

Terri & Tibor Bocz, Joachim Brouwer, Patty Clydesdale, Lesley Cooke, Danielle Dingle, Joy Dubbeld, Sara Falconer, Duncan & Beckey Fehst, Sara Horvath, John Huculiak, Marija Kupina, Kelly Lariviere, Paige MacIsaac, Jeffrey Malley, Terry Mote, Susan Neudorf, Roy Pike, Alice Plug-Buist, Greg Reader, Helen Reader, Denise Saunders, Jennifer Street, Chez Therien, Karan Van Patter, Ashlee White

## Contributors

Tom Flood  
Janet Robinson  
Lori Cooke  
Candy Venning  
Valeria Kuri  
Cavan Maiolo  
Cindy Mutch

Sarah Tuck  
Maria Felix Miller  
Anthony Perri  
Michelle Ferrara

# No Child Should Go Hungry

BY TOM FLOOD

A 10-year-old boy waited outside the locked doors of a school breakfast program. The program was to start at 8:15 a.m. and the child stood outside at 7:15 a.m. in the dark. He explained that he had not had any food on the weekend and was hungry. Could he please have some food? This child inspired the Food4Kids program.

In 2012 Food4Kids launched in 3 schools, feeding 65 children every weekend. We have now grown to 1,300 children across 62 schools in Hamilton. The program is simple and direct, guided by 3 principles: food provided will be healthy; each child receives their own food package to ensure the nourishment of all children in a home; and a non-stigmatizing process to distribute food packages to participants.

Volunteers pack the healthy bags

of food on Wednesday nights and drive the packages to schools where staff discreetly place them into the backpacks of the kids. In the summer months, Food4Kids delivers directly to the children's homes with enough food for 1 week. The effectiveness of Food4Kids is really in this distribution process. Providing food directly in the child's backpack and hand delivering food to the homes of children alleviates barriers such as transportation, hours of operation, limits of the quantity or frequency of use and mobility or mental health issues.

When children have access to healthy food on a consistent basis, their entire world changes.

Rather than concentrating on their hunger and the anxiety associated with wondering if or when they

will eat next, they can focus on achievements and tasks. Children with a consistent food supply have better health and lower obesity rates because they can access nutrient rich foods as opposed to empty calories. Attendance at school improves, there is reduced anxiety and depression, increased concentration levels and cognitive function, improved behaviour, increased resiliency, improved test scores, and an improved social disposition.

**"I never thought our family would depend on others for food. With a medical problem, I had no choice but to quit work. As a single parent raising 2 great kids, there is barely enough money for rent, little money for food and absolutely no money for extras. When the school asked if I would like to involve my kids in the**

**Food4Kids programme, all I could do was cry. Knowing my children have food brings comfort." - Food4Kids Programme Parent**

In an ideal future, there will be no need for programs like Food4Kids. Many organizations are working together to eradicate poverty through a variety of important measures. Food4Kids is one spoke on this wheel of good that is working to make positive change in Hamilton, and this truly could not be done without the incredible community support and volunteers that make this program run.

To find out how to get involved, please visit [Food4kidshamilton.ca](http://Food4kidshamilton.ca) or email [Tom@food4kids.ca](mailto:Tom@food4kids.ca).

*Tom Flood is Community Relations Manager, Food4Kids Hamilton*

# Annual General Meeting and Voter Engagement: CONVERSATION CIRCLES WITH ELECTION CANDIDATES

BY VALERIA KURI AND CAVAN MAIOLO

Just 34% of eligible Hamiltonians voted in the 2014 municipal election, which was the worst voter turnout since 2000. In 2018, this number rose to only 38.4%. Although this increase is good news, many Hamiltonians simply don't know enough about candidates and their platforms to make an informed decision and cast their vote. It is understandable that more pressing issues and responsibilities are put on the top of the priority list; informing oneself of platforms, candidates, and issues can feel like a chore. But our future, and the future of our children, depends on us exercising our democratic right to vote.

This lack of engagement can also be attributed to the fact that many Hamiltonians do not have access to the information necessary to make an informed decision. That is why we need more community organizations,

agencies, and allies to come together to provide spaces for Hamiltonians to become informed on the issues that affect them the most.

The Hamilton Community Legal Clinic / Clinique Juridique Communautaire de Hamilton, in partnership with the Hamilton Roundtable for Poverty Reduction, is providing Hamiltonians with the opportunity to become familiar with this election's candidates and their platforms to decide who to vote for on election day. On September 25, 2019, the Hamilton Community Legal Clinic will host a Conversation Circle with 4 candidates from the 4 major federal parties running in this year's election: NDP, Liberal, Green Party, Conservative. Candidates will speak with voters from the community about topics that affect them the most. Topics include affordable housing,

immigration, income support, health, disability, Indigenous issues, the rise of hate in Hamilton, and more.

The event will begin with community members discussing their own experiences with the above topics, followed by community members breaking into four groups, where each group will ask questions to one of the four candidates. Each candidate will then have a chance to sit in each group and answer questions for 20 minutes before moving on to the next group. Expert facilitators from the community will participate in the event to make sure community members are heard and respected. Following the conversations, the Hamilton Community Legal Clinic's Annual General Meeting will proceed.

We believe that through this initiative, we will be able to strengthen community understanding of issues and policies that impact the lives of all Hamiltonians. Without informed engagement by the people of Hamilton, the needs and perspectives of our unique community will never be heard outside of our city.

*Valeria Kuri and Cavan Maiolo are summer law students at the Hamilton Community Legal Clinic.*

Sources: <https://www.hamiltonnews.com/news-story/8966018-hamilton-battles-historically-low-voter-turnout-in-preparation-for-2018-municipal-election/>  
<https://www.thespec.com/news-story/8986783-hamilton-voter-turnout-jumps-5-per-cent-from-2014/>

# Preparing Today for the Jobs of Tomorrow: 2019 Annual Summit

BY CINDY MUTCH

Each year, the Our Future Hamilton annual summit examines current issues that our community has prioritized and shares our collective progress in moving the vision forward. This year's summit will focus on our community priority of Economic Prosperity and Growth. Hamiltonians have told us they want a city that is built upon a strong local economy, supports farming and agriculture, creates better employment opportunities, and advances skill development.

At the 2019 Our Future Hamilton

annual summit, participants and speakers will explore key trends that could impact the future of Canada's labour market over the next 10-15 years, and how these changes may affect future skill demands in Hamilton. Residents and stakeholders will also have an opportunity to discuss barriers to employment opportunities in Hamilton and share insights on how we can address them.

Hamilton's annual community engagement summit is one of the legacies of the Our Future Hamilton

Community Vision. Nearly 55,000 residents and community partners contributed to the development of Hamilton's new Community Vision between 2015-2016. Established in 2016, the Our Future Hamilton Summit has now grown to become one of the largest public engagement summits in the country. Over 450 participants, including residents, community partners, academia, policy makers and other stakeholders, attend the free annual summit in November.

The 2019 Our Future Hamilton

summit will take place on Tuesday, November 5, 2019 from 8:30am – 12:30pm at Liuna Station, 360 James Street North, Hamilton. It is free to attend, but registration is required and spaces fill up fast. Registration opens online September 24, 2019 at [www.hamilton.ca/ourfuturehamilton](http://www.hamilton.ca/ourfuturehamilton).

*Cindy Mutch is the Senior Project Manager for Community Engagement at the City of Hamilton.*

**OUR FUTURE HAMILTON**  
"Communities in Conversation"

**2019 ANNUAL SUMMIT** *Preparing Today for the Jobs of Tomorrow*

**FREE EVENT. SAVE THE DATE!**  
Registration opens September 24, 2019

**LIUNA STATION TUESDAY NOVEMBER 5, 2019**  
360 JAMES STREET NORTH, HAMILTON  
8:30 AM - 12:30 PM

For more information, contact: Cindy Mutch at 905-546-2424 ext.4992 or [cindy.mutch@hamilton.ca](mailto:cindy.mutch@hamilton.ca)

2019 Presenting Sponsor:  
Hamilton RBC

# YES, YOU CAN OUTMANEUVER THE SQUIRRELS.

BY CANDY VENNING

Fall is the ideal time to divide up oversized perennials, reorganize, and while you're at it, plant bulbs. These miraculous little nuggets of spring joy are so numerous in variety and, in my opinion, extremely underused. Remember, what may seem gaudy at the end of a bright colourful summer will be balm to your snow blasted eyeballs come spring. Trust me, plant with groupings of colour or use all the varieties you can find, as spring bulbs cannot clash.

Sure, sure, you say, but 'WHAT ABOUT THE SQUIRRELS???'

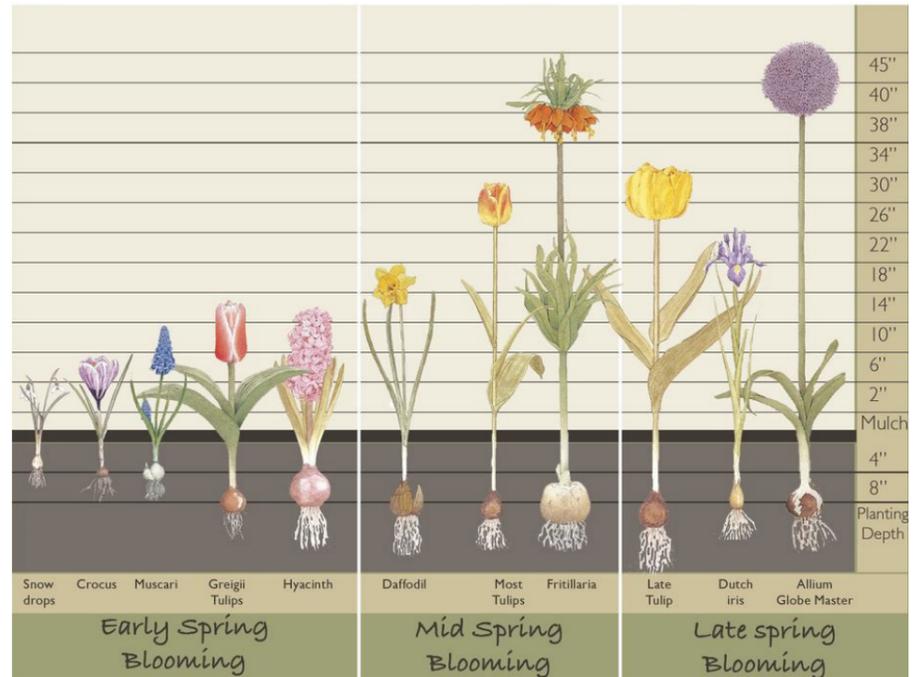
Yes, the squirrels have more time than you do, and a much keener sense of smell, but we are (usually) smarter, so I recommend...

Plant lots; More is more, I believe the very best way to stump a squirrel

is to plant a few hundred bulbs rather than 10 or 15 (if squirrels eat 5 out of 10 tulips it will be annoying, if they eat 5 out of 50 or 100 it will not be noticed) OR – consider not planting any tulips at all.

Go deep or stay home – following the instructions on the packaging is nice, but not accurate, as the bulbs are packaged in Holland which has a milder climate and apparently milder squirrels. I know we all cheat a little just to get the job over with, and just who takes a measuring stick out into the garden anyway? Squirrels will only dig in loose soil and not very deep so dig deeper & try using a shovel not just a trowel. (especially important if the soil is dry and or hard packed).

Get sneaky & cover your tracks; leaving a trail of papery bulb casings is



a map to your buried treasure, combine it with freshly turned soil & it's a flashing scent siren to furry fiends. Watering afterwards really helps to dilute scent signals. Tromping the wet soil down with your Wellies gets rid of air pockets and prevents frost from heaving bulbs up to the surface.

Alternate bulbs; Fritillarias, Alliums, Camassias, Daffodils, Muscari and Eranthis are less appetizing and wonderful bulb choices if you can't bear the thought of tulips 'disappearing'. Choosing more unusual bulbs also gives a much longer sequence of bloom times; about 2 months in my own little test garden.

Blood, Bone & Hen – it's fertilizer, not voodoo – a good idea for the health of your soil overall, also rumoured to be somewhat effective at

'cloaking' your bulbs. Acti-sol is my favourite organic manure but there are plenty of other options. Leaf mulch is also great for adding nutrients to the soil, as well as an insulating blanket.

The biggest problem with planting bulbs is the time of year. Generally, we're feeling done with the garden and ready to curl up with a good book in front of a fire, carve pumpkins, drink spiced cider - anything but planting something that is completely invisible.

However, your delayed gratification is repaid with compound interest come spring, when each fresh bloom delights us with the confirmation that life will, again, come to the garden.

*Candy Venning is a local landscape designer, community tree advocate and squirrel psychologist*

## Participate in Hamilton Food Literacy Month 2019



Hamilton's 2<sup>nd</sup> annual Hamilton Food Literacy Month is happening this October.

Food Literacy Month is a community-driven, City-facilitated celebration of food that encourages Hamiltonians to connect with others who are passionate about food!

There are many exciting events being planned for all ages. Check out the event calendar online at [Hamilton.ca/FoodLiteracy](http://Hamilton.ca/FoodLiteracy) or featured events on [facebook.com/HamiltonFoodLiteracyNetwork](https://facebook.com/HamiltonFoodLiteracyNetwork).

Join the Hamilton Food Literacy Network on **Saturday, October 5** from **10AM to 3PM** at **Bernie Morelli Recreation Centre** 876 Cannon Street East to kick-off Food Literacy Month! This free **FOOD LITERACY FAIR** will feature interactive workshops, exhibits, prizes and give-aways, and a farm market with fresh, local food available for purchase.



**MATTHEW GREEN**  
NDP - HAMILTON CENTRE

matthew.green@ndp.ca  
fb.com/MatthewGreen2019

@MatthewGreenNDP  
@matthewgreennpd

NDP

Paid for and authorized by the official agent of the candidate. cope:225-rd

# Jean Vanier: A LEGACY OF BELONGING

BY SARAH TUCK

ON BEHALF OF L'ARCHE

“He was a good friend and I’m really gonna miss him”

These were Mike’s words upon returning from Jean Vanier’s funeral in May. Jean’s death was publicized throughout the world, but held a personal significance to those in our community, many of whom knew him as a personal friend. Jean is well-known for his Canadian roots, his military and educational career, and his great philosophical and theological insights, but for Mike, Jean’s life had a much more personal impact – he helped provide a chance for Mike to have a place of belonging and a place to call home: L’Arche.

L’Arche, a French word for “The Ark”, was founded in 1964 by Jean Vanier, after he had visited several institutions for disabled people in France. Jean felt a strong calling

to help, and as such, took a leap of faith by inviting two men with intellectual disabilities to live with him in a small, run-down home in



Trosly, France. Although life in the home was not easy or ideal, their relationships blossomed, and Jean gradually discovered that not only had he helped change their lives, but that he too was being transformed. Through sharing daily life together, Jean discovered that each person, regardless of their ability, has gifts and that these gifts are revealed through



relationships with each other. For instance, he learned that while he was well-educated he had much to learn about tenderness and the “ways of the heart” for which he saw these men as his teachers. He began to share his experiences with the world, and his message of hope caught fire – allowing L’Arche to grow to what it is today in 175 communities in 38 countries in the world, including one right here in the Sherman Hub.

So what sort of impact has Jean’s life had here in the Sherman neighbourhood? Here is just one story of thousands: Mike was born in Toronto into a family of 6. At the age of 2 he was moved to an institution for people with intellectual disabilities where he was denied basic human rights; was told that he was not valuable because of his disability; and was segregated from the rest of society. Mike wasn’t given the opportunity to experience community until he moved to Hamilton in the early 80s into L’Arche. At L’Arche he was offered safety, a home, and most of all, a place where he was accepted.

In L’Arche, Mike has thrived and is now a central part of community – greeting neighbours, delivering papers, volunteering, visiting cats, making people smile everywhere he goes– and I can’t imagine my life without him.

As I reflect on Jean’s life, I’m so grateful for the gift that he gave us with his simple acts of courage. Because Jean was willing to step outside of his comfort zone and enter into a relationship with two strangers of completely different backgrounds, his life and the lives of countless others were fundamentally changed. Jean made it possible for people like Mike and I to meet, become friends, and share life together. Today, in a world torn apart by differences, my hope is that L’Arche will continue to be a sign of hope that it is possible to live in communities where differences are seen as a gift and not a threat, and I invite you all to join us in our mission by carrying this message of courage.

“Change the world, one heart at a time – the first may be your own!” - Jean Vanier

2019 Federal Election

DARE

We dare you to read pages 8-15, learn about our local candidates, and get to know the ideas and policies each propose for Canada.

Start planning now to vote on October 21st.

Find a voting buddy. Make a date with a friend to go to the polls.

\*bonus points if it's a first date

HWDSB

# Learning and Leadership in Ward 3

BY MARIA FELIX MILLER



One warm morning in June of this year, just as I was about to walk my son to school, I heard the shocking news of the sudden passing of Trustee Chris Parkinson. His personality and community service touched so many of our Ward 3 communities, and my deepest condolences go out to his loved ones and his peers. The HWDSB voted on the difficult decision to fill his role by offering me the appointment, because of how close our race had been in the October elections in 2018. I am deeply grateful for the opportunity to step into the role of Trustee for Ward 3, and welcome the chance to learn from so many of the folks who are already working hard to make this ward a great place to live and raise our children.

As the new school year gets underway, I am excited to support staff and students across our five schools. I toured the new Bernie Custis Secondary School earlier this summer, and was impressed with both the design of the building and also how committed the staff is in ensuring that the school culture is one of inclusivity and positivity. This is a new chapter for Ward 3, and I know that students will proudly shape their own community at Bernie Custis. As trustee, I will be active in making sure that our Bernie Custis families feel connected to their new school through engagement and visibility.

I am excited to get to know our four elementary school communities. Residents gave me a lot of insight

at the doors during the campaign season, and I will also be following up with concerns around bullying, special needs support, and equity support. I plan to provide constituents with a variety of opportunities to communicate their experiences during the fall season. Information around these will be shared as they become available. I will also be participating in school and community events, so if you see me out in Ward 3, please say hello!

As trustee, I want the residents of our ward to know that they can reach out to me directly. The Hamilton Centre for Civic Inclusion (located at King and Victoria) has generously offered me use of their space as a local, barrier-free, accessible, and confidential meeting option for those in our communities.

I am so happy to be here and to have the chance to learn this role with thoughtfulness and respect. I am grateful for the opportunity to use my experience as a local parent and leader to represent the needs of Ward 3 residents.

*Maria Felix Miller is the HWDSB Trustee for Ward 3 and a parent of three young kids, living in the heart of Ward 3. She is a novice plant-mom and professional coffee-drinker. You can find Maria on Twitter and Instagram @mfelix\_miller, via email mfmiller@hwdsb.on.ca or by calling 289-775-0859*

HWDCSB

# Summer Learning Program: Giving Students a Running Start

BY ANTHONY PERRI



It's called the summer slide, and despite our best attempts to prevent it, it happens, especially in reluctant readers.

Summer slide is the learning loss that occurs from the time students leave school in June until they return in September. For some children, the learning loss could mean a drop of several reading benchmark levels, putting them at a disadvantage when they return to school.

A Summer Learning Program offered at St. Ann Catholic Elementary School from July 2 to July 22 aimed to reduce learning loss through a variety of daily literacy and numeracy activities. The program provided four hours of daily literacy and numeracy instruction, using online tools such as Lexia and Success Maker to increase students' reading and math proficiency.

The program, now in its sixth year, gives students a running jump on the new school year. Technology is a big part of the program, enabling teachers to reach students where they are most comfortable. Today that milieu is iPads and laptops and games. Technology is not only boosting students' confidence but is helping them to become better and more engaged learners. The tools also make it possible for teachers to track their progress and development. Assessments, taken in June and September, provide a good measure of the program's success.

As past programs have demonstrated, three weeks of targeted instruction during the summer does make a difference. Consistency is key to reading success. And while the Summer Learning Program may be limited to a select number of students, daily reading is a good practice for all students to heed, especially in the summer months when reading often takes a back seat to other activities.

That's where parents can play an important role. Research shows

that students achieve better when their parents are involved in their learning. In the Summer Learning Program, each day began with a parent engagement session which included a parent read-aloud. Encouraging reading and reading aloud is something that all parents can do with their children – whether part of the Summer Learning Program or not – and not just in these final weeks before the start of school, but every day, all year long. “Children are made readers on the laps of their parents,” said Emilie Buchwald, suggesting that early routines become habits for life.

Resources are available at your local school to support learning in the home, including online tools such as Success Maker (math), parent workshops, math for breakfast, Reading and Running Clubs, and an annual parent conference. You can learn more about these in the coming months through your school newsletter and the HWDCSB website.

The Hamilton-Wentworth Catholic District School Board has also partnered with Telling Tales to raise awareness about the importance of literacy. Leading Canadian children's authors will be in attendance at the 11th Annual Telling Tales Festival at Westfield Heritage Village in Rockton on September 15 to engage and entertain children through storytelling, illustrating and other activities. Details are posted on the Telling Tales website at [www.tellingtales.org](http://www.tellingtales.org).

By inspiring a love of reading in children, we not only ensure that our children and youth get off to a running start, but are laying the foundation for success in later life.

“The more that you read, the more things you will know. The more that you learn, the more places you'll go.”  
~ Dr. Seuss

*Anthony Perri is the Hamilton Wentworth District Catholic School Board Trustee for Wards 3 & 4*

# Everything is Different From the Song by Pip Kummel

Everything is different when you're not here everything is different I tell you dear

The heat comes on but what for? it has no meaning



PHOTO CREDIT - MIKE CAMERON

The red bicycle remains locked where it's leaning

The colours of the autumn leaves on the trees are mute

There's a ridge of pressure in the atmosphere it's acute ...

Everything is normal or so it seems but really it's discrepant and unredeemed

Everything is normal except my aching heart everything is normal except I'm torn apart

Everything is different beyond the pier for the lonely gondolier beyond the frontier for the circling gondolier

<https://metrophilmusic.bandcamp.com/track/everything-is-different>  
*Pip is a professional songwriter and performer who lives with his wife Napalai near the stadium in Ward 3.*

# 2019

# FEDERAL ELECTION

## HAMILTON CENTRE CANDIDATE

# QUESTIONS AND ANSWERS

**Did you Know?**

There are many ways to vote, and you can vote at almost any time: on election day (Monday, October 21) or on advance polling days at your assigned polling station; at any Elections Canada office before Tuesday, October 15; or by mail (application for special ballot must be received by Tuesday, October 15).

To vote, you must be a Canadian citizen, be at least 18 years old on election day, and prove your identity and address.

If you don't have accepted ID, you can still vote if you sign a solemn declaration confirming your identity and address, and have someone who knows you and who is assigned to your polling station vouch for you. Detailed information and a list of acceptable ID options can be found online at: [www.elections.ca](http://www.elections.ca)



**Jason Lopez**

[votejasonlopez.com](http://votejasonlopez.com)

**1. Who are you? What do you want voters to know about you?**

I am a lifelong Hamiltonian, raised in the Crown Point neighbourhood. I have worked for a local business on the corner of Barton and Kenilworth for the last 25 years and I currently hold a senior management position. I spent five years at McMaster University, taking a broad range of courses and graduating with a bachelor's in history. I have been involved with the Green Party for about two years, including as CEO of the EDA and running in Hamilton Centre last year as the provincial candidate. I do not do this for power or for recognition. I do this because more people need to be exposed to the Green Party's creative solutions to the problems of today.

**2. What are you and your party willing to do to support people with mental health illnesses and addictions? (How will you improve/increase access to services and address the continued stigma surrounding mental health issues?)**

We must increase funding for mental health and addiction services and ensure timely treatment be free to all Canadians in need. The Green Party



will establish a Minister of Mental Health and Addictions, responsible for the development of community treatment programs run in cooperation with local non-profits. We will prioritize the early detection and treatment of mental illness in youth while supporting a public health initiative to reduce the prescription of mood-altering drugs to children. We will decriminalize personal drug possession treating addicts as patients instead of criminals. The over-prescription of opioids in Canada must be limited, along with more substantive public education on their addictive nature.

**3. What is your position on national pharmacare - is it fiscally viable?**

The Green Party was the first party to support national pharmacare as part of our universal healthcare coverage. Buying in bulk and decreasing patent protection is not only fiscally viable but results in savings of \$11 billion annually. According to a CBC investigation, a drug for Hepatitis C that costs \$800 per pill in Canada costs only \$4 a pill in India. The Green Party will ensure pharmaceuticals are purchased at prices that are competitive to other countries. We will establish clear rules on the sales and promotion of medication and require a thorough review of all new medications considering their effectiveness, side effects and addictive nature.

**4. Canada has joined a growing number of nations (and cities) that have declared a state of climate emergency...**

**4.a) Would your government continue Canada's current policies/practices to address climate change? What additional or alternative actions would your government propose?**

Canada's current climate policies are inadequate. We are the highest per capita emitter among the G20 nations and a recent report has shown our current policies to be among the worst in the world. The Green Party would immediately remove the billions spent annually on fossil fuel subsidies and halt all new pipeline construction. We would remove coal and natural gas from our electricity production and enhance the grid to better transmit renewable energy between provinces. We would retrofit buildings on a massive scale using interest free government loans, tax incentives, and direct government funding in order to make all buildings carbon neutral by 2030. We would set a target for all new vehicles to be electric by 2030.

**4.b) Beyond your party's platform, what are your own thoughts about climate change or environmental policy and practice? (Do you have ideas/proposals/priorities for next steps?)**

I feel that more effort needs to be spent on educating the public on the severity of the crisis in language that is easy to understand. Ads promoting oil exports as good for Canada add to the confusion and make people question the severity of the situation. As a vegan I also feel that more emphasis should be placed on the environmental benefits of a plant-based diet. This can be done through education, government ads and ensuring that plant-based options are plentiful and readily available wherever food is served.

**4.c) More specifically...**

**(i) Should Canada explicitly aim to be a global leader in the development of green economies? What could Canada do to take a leadership role? Would you support a shift in the Canadian economy away from fossil fuels?**

Canada is in a great position to be a leader in the development of green economies. However, our lack of vision and commitment to the Alberta oil sands is holding us back and leaving our economy

Curious about when and where to vote?  
 Want to see if you're already registered, or update your voter information?  
 Need info on how to register or what you need to vote?  
 Want to know about polling station accessibility and assistance tools and services that make it easier to vote?

The Elections Canada website has all the the information you need: [www.elections.ca/home.aspx](http://www.elections.ca/home.aspx)

You can also call for information: 1-800-463-6868 or 1-800-361-8935 (TTY).

Or contact the Local Elections Office for Hamilton Centre

225 King William Street, Suite 3rd fl  
 Hamilton, Ontario L8R 1B1  
 Toll-free phone : 1 866 239-2831

Please note that in addition to the four candidates featured here:

**Melina Mamone** is a running as a candidate with the People's Party of Canada. We attempted to extend an invitation to participate in this survey, but were unable to reach Melina.

**Tony Lemma** is also a candidate for Hamilton Centre in this election. As an independant candidate, Tony wants to bring a very different message to voters and chose not to participate in this issued-based survey.

Tony's campaign is focused on bringing his message driectly to voters at their doors.

Tony's website is: [www.tonylemma.ca](http://www.tonylemma.ca)

behind. China, the European Union and other states are already implementing strategies to position themselves to be world leaders in the post fossil fuel economy. We need to catch up. We can do this by fostering innovation and funding promising Canadian clean tech startups to be competitive on the global stage. We need a streamlined, cost effective system for adding rooftop solar like in Germany, where it is no more difficult to the end user than getting a new furnace. We need to have a national electric vehicle strategy where we can harness both our expertise in automotive manufacturing and AI research to become a global hub for autonomous electric vehicles.

**(II) Canada produces so much waste that we have to ship it to other countries. What goals would your government set for reducing waste and how would you achieve them?**

Instead of shipping garbage to countries responsible for plastic products ending up in the ocean, we will modernize recycling through a federal waste treatment facilities superfund. While currently only 10% of plastic is recycled, homegrown technology like Oakville's Pyrowave can recycle contaminated food packaging, with a 95% yield. Brantford's GreenMantra recycles hard-to-recycle plastics such as grocery bags, bottle caps and shampoo bottles, creating additives for asphalt and roofing. The Durham York energy centre converts garbage into electricity, diverting 90% of trash from landfills creating enough power for 10,000 homes. Canada has the technology, and has the know-how. All we need is a government bold enough to use it.

**5. Will you advocate for universal childcare why/ why not? Will this be a priority policy area for you?**

The Green Party is committed to a high quality, federally funded childcare program, accessible to any family. Small children benefit tremendously from spending time with mothers and from extended breastfeeding. Therefore, we would ensure that we

also support parents that choose to stay home with young children, and incentivise businesses to create child care spaces within the workplace. Workplace childcare spaces allows greater participation in the workforce, reduces driving, and makes it easier for parents to rely on transit.

**6. What is your plan for immigration reform? What values and data is your plan based on?**

The Green Party recognises that Canada's multicultural diversity is intrinsic to its identity as a nation and that immigration plays an important role. According to a report by the Conference Board of Canada, we will need significant levels of immigration by 2030 in order to effectively replace older Canadians leaving the workforce and not leave a labour deficit. We need to attract immigrants, and establish a system that is fair to all. We should eliminate the exploitative temporary foreign workers program and increase immigration where labour shortages are established. Green immigration values are based on keeping Canada an open, fair, and just country.

**7. What role do you see for gender-based analysis in public policy? Will you ensure that GBA+ is broadly implemented?**

The importance of intersectionality in public policy analysis cannot be understated. A life does not exist in a vacuum; social response dictates much of our experiences from youth to adulthood. Especially in today's society, the difference between biological sex assigned at birth and the social construct of gender needs to be acknowledged and incorporated into all levels of governance. The Green Party sees no need to dismantle the current government's efforts to enshrine GBA+ and will work to ensure equality for all genders, not just one or two, is held up.

**8. What next steps would your government take in Canada's relationship with indigenous peoples?**

# Election 2019 and the Power of Seniors

BY MICHELLE FERRARA

Newsflash: Canadian seniors will decide the outcome of the federal election. Who makes up the largest, richest and most influential demographic in Canada? That would be the 7.6 million Canadians over the age of 55. 60% of us voted in the last election; we absolutely have the power to decide the outcome this fall.

So many items, in addition to global, financial, climate and terrorism; the list is long for those in this demographic...

National Seniors Strategy, National Dementia Strategy, National Drug Plan, Minister of Seniors, Affordable Housing, National Standards for Homecare and Long Term Care, Keeping Seniors out of Poverty, Age-Friendly Communities, particularly for transportation and housing, public health care including mental health, dental, vision and hearing. Caregiver tax credits, ending capital gains tax, no federal tax on first 15K earned, lower tax on 15-100K, and increase tax above 100K.

At the time of writing this article, the only party to have released a Seniors' Platform is the NDP. Everyone else has ideas, but have not released their plan. With only a few short weeks before full-court press campaigning, all parties had best get it together, because the senior population want answers and plans. Einstein said, "the definition of insanity is to keep doing the same thing and expect a different result". Let's make a different decision this federal election.

My encouragement is to pay attention to who serves the needs and concerns of those aged 55+. If you aren't in that age group now, remember two things: one - this demographic increases significantly every year, and two - it's precedent-setting time, if not for you, for your parents. Vote!

Michelle Ferrara is a longtime advocate for the elderly, with a blog on Facebook: Elder Advocacy Hamilton. Her work in elder-care includes community outreach and working with families needing services for elder relatives.

Making rapid and significant progress in improving the lives of indigenous peoples in Canada is imperative. It is unacceptable that indigenous community infrastructure is so lacking in basic necessities, such as power and indoor plumbing. The Green Party is committed to making the necessary investments in First Nations infrastructure and plans to immediately address the lack of clean drinking water in communities across Canada. We are committed to fully implementing the United Nations Declaration on the Rights of Indigenous Peoples and will amend the Constitution of Canada to ensure that it is consistent with the recognition and protection of indigenous treaty rights at all levels of government.

**9. How would your government address growing income inequality?**

Inequality is growing in Canada and worldwide. According to the World Economic Forum, "excessive reliance by economists and policy-makers on GDP as the primary metric of national economic performance is part of the problem." Canada needs to replace gross domestic product as our primary economic indicator with that of a Genuine Progress Indicator, or GPI. This would measure our economic success based on the personal well being, literacy, health, education and employment of everyday Canadians, to name a few criteria. We will shift the tax burden away from those who are struggling and collect more from corporations who currently contribute a disproportionately low share.

**10. How would your government address the rising cost of living, especially with respect to housing?**

The Green Party would work with municipal governments to rapidly convert existing properties and brownfields to affordable, energy-efficient housing. We would return the CMHC to its original mandate of providing capital for the creation of cooperative and community housing projects. We would change the Income Tax Act to offer incentives for building and maintenance of affordable, multi-unit rental housing, and introduce incentives for the conversion of existing condos to rental units. We will work with the provinces to introduce measures to eliminate property speculation, and we will protect people in the courts by enshrining the right to housing in the charter of rights and freedoms.

**11. How much of our national budget should go toward foreign aid and development? What should**

**our priorities be?**

Despite Canada's history as a peacekeeping nation--a country quick to provide aid to those in need--we've failed to hold up that reputation. As of 2018, the Liberal federal government's budget for foreign aid assistance in international development was well below its fellow members in the OECD. The Green Party will do everything in its power to change that. We will act with compassion and understanding, seeking to match Canada's peers in times of international crisis. Our priorities should be crisis response and aid, so that no city or country ravaged by war or weather has to prolong its suffering due to a lack of resources.

**12. What specifically will you do to eradicate hate and intolerance of minority groups in Canadian society? (LGBTQAI2S+, Indigenous, newcomers, etc.)**

The Green party will invest in greater public education, particularly among youth, who account for the largest proportion of those accused of committing hate crimes. We need to make it easier to prosecute hate crimes by making them clearly defined in the criminal code. Elizabeth May has called for greater regulation and transparency of social media where hate groups otherwise flourish. The human rights code must be strengthened to not only consider internet hate speech discriminatory, but to also allow the human rights tribunal to issue cease and desist orders along with hefty fines as had been their mandate before 2013.

**13. The majority of Canadians live in cities, with aging infrastructure and increasing threats from extreme weather. Does your party have a plan to fund new projects/improvements?**

The Green Party considers climate adaptation to be indescribably important in protecting Canadian homes and businesses from an increasingly extreme climate. We would restore and enhance funding for adaptation planning measures across Canada. We would properly fund municipalities through six \$500 million municipal super funds and directly transfer proceeds from the federal gas tax. Restoration of ecosystems will also play a key role, particularly the restoration of critical wetlands and riparian buffers that serve to dampen flood levels.

**14. Will your party invest in public transit or cycling infrastructure? What specifically do you propose?**

The Green Party would directly fund municipalities through a Cycling and Pedestrian

Promotion fund in order to support both pedestrian and cycling infrastructure. The goal would be to transform cities into walkable communities linked by transit and to effectively reduce the need for owning and using cars. We would also establish a Mass Transit Promotion fund that directly invests in greater access to transit with the focus on electric buses and light rail. The Green Party will make large investments in our national rail system, building more train cars in Canada and linking national rail to Ontario's own GO transit and municipal LRTs.

**15. Social and political discourse in Canada is becoming increasingly polarized and acerbic. How can you change the rhetoric so that ideas and policies can be vigorously debated without dehumanizing those who hold differing convictions?**

The best way to do this is leading by example. The Green Party does not believe in personal attack ads that are the political status quo. Instead, we believe in working together and building consensus. My goal is to not stoop to the level of attacking my competitors, but to run a campaign singularly focused on the many important issues of the day.

**Bonus Questions\***

**A - What was the last song that you had stuck in your head? Was it a good thing?**

My seven year old son has been obsessed with "Old Town Road" by Lil Nas X. Naturally, it got stuck in my head. Looking into it further, It's pretty cool how Lil Nas X not only broke into the billboard country charts, but became the first openly gay man to be nominated for a CMA.

**B - If you were suddenly to acquire a superpower of your choosing, what would it be? and what would you choose as your superhero name?**

Calm strength. There is strength in serenity. To remain calm, while the world around you is swirling in confusion, is to be firmly in control. As for a name, I always liked the name Leader-1 from the 1980s GoBots cartoon.

**C - Final bonus question suggested by an eight-year old: "Why don't we just snap our fingers and get cake?"**

Because eating cake is great, but have you eaten your vegetables yet?



**Monica Ciriello**

[www.conservative.ca/team-member/monica-ciriello](http://www.conservative.ca/team-member/monica-ciriello)

**1. Who are you? What do you want voters to know about you?**

Hi, my name is Monica Ciriello and I am your Conservative Party Candidate in the 2019 federal election working to bring change to Hamilton Centre.



After completing my graduate studies in politics and public policy, I went to law school where I developed a passion and commitment for public service. In 2013, I moved to Hamilton where I began working at City Hall. I am married and live in Hamilton with my husband Greg.

I current manage the daily operation of legal and court services. I ensure trust and confidence in the judicial system by providing a timely access to justice for all. In my role, I combine my passion for public safety with my desire for change to apply practical solutions to government to make processes work more quickly, fairly and efficiently for people. Previously, I managed and implemented local by-laws working for the City of Hamilton, and has worked as a municipal lawyer in Toronto, London and Windsor.

I am also a champion for small business and know the importance of small businesses as part of a strong and vibrant community. I have demonstrated this through my work in redrafting and implementing Hamilton's Business Licensing By-law, amd reducing regulations on local businesses in Hamilton Centre to create jobs for people in the community. Through this experience, as well as representing several municipalities across Ontario, I understand the issues

facing Ontario communities and the challenges and opportunities facing families in Hamilton Centre.

Since being nominated, I have hit the ground running, knocking on doors and hearing about what is important to people in the community. On top of jobs, the economy and public safety I am hearing that life is becoming increasingly unaffordable for families.

I want to get things done for you and your family and will be a strong voice in Ottawa. I am working hard to earn your vote in 2019, to ensure you are getting ahead, not just getting by!

**2. What are you and your party willing to do to support people with mental health illnesses and addictions? (How will you improve/increase access to services and address the continued stigma surrounding mental health issues?)**

The Conservative Party of Canada announced the Health and Social Program Guarantee: a commitment to maintain and increase the Canada Health Transfer (CHT) and the Canada Social Transfer (CST) by at least 3% per year, as is currently mandated in legislation. Under a new Conservative government, Canadians will be able to count on stable and predictable health and social program funding.

**3. What is your position on national pharmacare - is it fiscally viable?**

The Liberals have been promising a pharmacare plan for decades and have done nothing about it. It was in their 1997 election platform and was again promised in 2004. The Hoskins' Report recommends that taxes be raised drastically to support their plan. Conservatives know that some Canadians legitimately struggle to pay for or access prescription medications. This is why our platform is focused on keeping more money in the pockets of Canadians. Conservatives are focused on bringing forward solutions that address the priorities of Canadians, and policies that put people before government.

**4. Canada has joined a growing number of nations (and cities) that have declared a state of climate emergency...**

**4.a) Would your government continue Canada's current policies/practices to address climate change? What additional or alternative actions would your government propose?**

Canadians trusted Justin Trudeau when he said he would protect the environment and lower Canada's emissions. Instead, all they got was a carbon tax. Not only is Canada failing to hit our Paris Agreement targets, we are getting further and further away. As an environmental policy, the carbon tax is a failure. It makes virtually no contribution to the global fight against climate change, and it only makes life more expensive for Canadian families and small businesses.

A Conservative government has A Real Plan to Protect Our Environment which is built on three guiding principles:

- Green technology, not taxes.
- A cleaner and greener natural environment.
- Taking the climate change fight global.

This plan is the most comprehensive environmental platform ever put forward by a political party in Canada. Sixty pages and fifty-five specific, realistic, and achievable policy commitments.

**4.c) More specifically...**

**(I) Should Canada explicitly aim to be a global leader in the development of green economies? What could Canada do to take a leadership role? Would you support a shift in the Canadian economy away from fossil fuels?**

Canada needs to take a leadership role by exporting our environmental excellence and taking the climate change fight global. In Ottawa, I will work with a Conservative government to hold countries who are responsible for polluting our air, land and sea accountable. I will also be a champion of Green Technology, not taxes so we can create jobs by exporting green products and services worldwide.

**5. Will you advocate for universal childcare why/ why not? Will this be a priority policy area for you?**

I believe the families should keep more money in their pockets so they can afford the things their children need, including childcare. A new Conservative government will remove federal income tax from maternity and EI paternal benefits by providing a non-refundable tax credit of 15 percent for any income earned under these two programs. The benefit to a Canadian whose salary is \$50,000 would be about \$4,000

**6. What is your plan for immigration reform? What values and data is your plan based on?**

A Conservative government will work immediately to restore the fairness, order and compassion of our immigration system. I support safeguarding and emphasizing economic immigration. I will stand up for families and ensure that spouses and children can be reunited. A Conservative government will also focus on improving language training to ensure greater proficiency in English and French and newcomers' ability to succeed economically and socially in Hamilton.

**7. What role do you see for gender-based analysis in public policy? Will you ensure that GBA+ is broadly implemented?**

As a lawyer with a background in public policy who has worked in this field for the City of Hamilton, I have experience making recommendations to improve public programs and services that make lives better for people in Hamilton Centre. As your MP, I will support practical solutions that not only consider gender, but ethnicity, religion and sexual orientation when bringing forward legislation that make lives more affordable for people in Hamilton Centre.

**8. What next steps would your government take in Canada's relationship with indigenous peoples?**

Canada's relationships with Indigenous communities have been impacted by the Liberal government's mismanagement of key issues. With respect to getting key infrastructure projects built, a Conservative government will establish clear time lines and consult with Indigenous communities right up front. I would also support a Conservative government's approach to reinstate constructive consultations on protected areas with stakeholders and Indigenous groups that were cancelled by the Liberals.

**9. How would your government address growing income inequality?**

Two thirds of Canadians feel that they either can't pay their bills or feel that they have nothing left over at the end of the month after they do. Whether it is gasoline, groceries, home heating, real estate or debt I am hearing from people that everything keeps getting more expensive. Andrew Scheer has a positive vision for Canada's economy. A Conservative government will live within our means and leave more money in your pocket so you can get ahead.

**10. How would your government address the rising cost of living, especially with respect to housing?**

As you MP, I will work with a Conservative government to:

- Scrap the carbon tax.
- Remove the GST off home heating bills and home energy costs.
- Make parental benefits tax-free.

Parents should put that money toward buying a car seat, school supplies or paying the bills. With respect to housing, a Conservative government will work with provinces and municipalities to knock down regulatory barriers that discourage new home construction, so more homes can come on the market to lower prices.

**11. How much of our national budget should go toward foreign aid and development? What should our priorities be?**

I believe that Canada must always side with those who value freedom, democracy, human rights, and the rule of law. A Conservative government will reinvigorate Canada's role in the alliances we share with our democratic allies. This includes existing alliances like NORAD, NATO, the Commonwealth, La Francophonie, and the Five Eyes, but it will also include greater overtures to India and Japan. We will work with our allies to increase trade, maintain peace and security and provide aid where required.

**12. What specifically will you do to eradicate hate and intolerance of minority groups in Canadian society? (LGBTQAI2S+, Indigenous, newcomers, etc.)**

As an MP, I will represent everyone in my riding regardless of ethnicity, religion, gender, or sexual orientation. The Conservative Party welcomes all people and we will always take a stand against intolerance of any kind.

**13. The majority of Canadians live in cities, with aging infrastructure and increasing threats from extreme weather. Does your party have a plan to**

**fund new projects/improvements?**

As your MP I will supporting a Conservative government that believes in investing in communities. The founders of Confederation bound our country together with a great railway because they knew a country of this size could not function without significant investments in infrastructure. It's no different today. From highways, airports and harbours to subways, bridges and community facilities, infrastructure projects create good jobs for tens of thousands of Canadians, drive our economy, improve our quality of life, and connect us to each other. While more than 95 percent of Canada's core public infrastructure is owned by provinces, territories, and municipalities, our Conservative Government will continue to support building and maintaining infrastructure across the country.

**14. Will your party invest in public transit or cycling infrastructure? What specifically do you propose?**

Transit and other pieces of green infrastructure is an important part of our Real Plan to Protect Our Environment which is built on three guiding principles:

- Green technology, not taxes.
- A cleaner and greener natural environment.
- Taking the climate change fight global.

One specific example of our 'Guided by our Green Technology, Not Taxes' principle, is our Green Patent Credit will encourage research and development in the transportation industry. A company, seeing the benefits of the Green Patent Credit, could be incentivized to create a fast charging electric vehicle battery. We will support Canadian companies to create emissions-reducing technology with the goal of getting their products to market faster. In turn, the increased supply of these products will make green options more affordable for Canadians.

**15. Social and political discourse in Canada is becoming increasingly polarized and acerbic. How can you change the rhetoric so that ideas and policies can be vigorously debated without dehumanizing those who hold differing convictions?**

I am focused on running a positive campaign and taking Andrew Scheer's positive message to the people in Hamilton Centre. I will show leadership by continuing to work positively and look to my fellow candidates and constituents to join me along the way.

**Bonus Questions\***

**A - What was the last song that you had stuck in your head? Was it a good thing?**

"High Hopes" – Panic! At the Disco

**B - If you were suddenly to acquire a superpower of your choosing, what would it be? and what would you chose as your superhero name?**

Superpower: Incredible Speed.

Name: Monica Lightning – I could knock on all the doors of every home in Hamilton Centre every night

**C - Final bonus question suggested by an eight-year old: "Why don't we just snap our fingers and get cake?"**

Ask Marie Antoinette.



## Matthew Green

matthewgreen2019.ca

### 1. Who are you? What do you want voters to know about you?

As a relatively new father, I'm somebody who is very proud to be raising my family right here in Hamilton Center. Over the last 15 years I've had the privilege of working with many of you on the community issues right here in the Sherman hub. Together we have worked to build a safe and vibrant Community full of opportunities for everybody regardless of their income or their area code.

As a former small business owner it became clear to me that the pace in which the city was changing didn't necessarily keep up with the social pressures that our neighborhoods were dealing with.

In 2014, we took an incredible four-year journey together.

As Ward 3 City Councillor, I was honoured to connect people to the process of local government. Together, we invested in social housing. We stood up for human rights. We fought against poverty and pushed for economic justice for workers. And we defended the environment fighting for clean air and water while holding polluters accountable.

Together, we:

- Became the first city in Ontario to introduce an environmental Bill of Rights
- Licensed and regulated predatory payday loan businesses and supported Postal Banking options through Canada Post
- Invested over a million dollars in Social Housing including seniors housing along with bold partnerships with the Hamilton Community Land Trust and Indwell.
- Championed the campaign to Keep Transit Public
- Created a local Community Benefits Network to ensure our communities are getting shared value out of major infrastructure investments and urban development projects

We achieved a lot but there's more work to be done. After careful consideration, I decided to seek election as Member of Parliament for Hamilton-Centre as your NDP candidate. Following in the honourable David Christopherson's footsteps.

I'm not just asking for your vote, I'm inviting you to be a meaningful part of the political process. Together, let's champion policies that put the delicate future of our ecology first, and the just transition of our workers at the centre of a fair economy.

### 2. What are you and your party willing to do to support people with mental health illnesses and addictions? (How will you improve/increase access to services and address the continued stigma surrounding mental health issues?)

Across Canada, we are seeing the need for greater access to mental health services. We have seen an increase in need among aboriginal communities, veterans, farmers, youth and people struggling with addiction. The NDP is committed to a national strategy for mental health and increasing access to



services as part of universal medicare and to increase awareness of mental health challenges.

The NDP will make it a priority to declare a public health emergency and work closely with all levels of government to meet the challenges of the opioid crisis head on. This would include supporting overdose prevention sites and expanding treatment on demand, destigmatizing and decriminalizing drug use so that those wishing to get treatment can do so without the fear of arrest, and launching an investigation into the role of drug companies in the opioid crisis and seeking financial compensation.

### 3. What is your position on national pharmacare - is it fiscally viable?

New Democrats believe that you should be able to pay for your prescription drugs with your health card and not your credit card. A universal, comprehensive plan would cover the costs of the most commonly prescribed medications and a bulk buying program would result in a 30% drop in drug costs.

A public pharmacare program will save Canadians at least \$4.7 billion a year, increase the quality of life for millions of people and lead to a reduction in health complications and unnecessary. Businesses would also benefit from a national program with employers saving up to \$600 per employee each year.

### 4. Canada has joined a growing number of nations (and cities) that have declared a state of climate emergency...

#### 4.a) Would your government continue Canada's current policies/practices to address climate change? What additional or alternative actions would your government propose?

Canadians were shocked when Justin Trudeau adopted the same climate reduction targets as Stephen Harper, and despite existing policies, Canada is nowhere near meeting its Paris Agreement targets. The NDP has a comprehensive plan to address climate change and meet our emission reduction targets while creating 300 000 good jobs and supporting workers in a just transition to a greener economy. We would maintain a price on carbon, make all new buildings in Canada net zero carbon and create retrofit programs for existing housing stock. An NDP government would eliminate the \$3.3 billion in fossil fuel subsidies and redirect the fund to low carbon initiatives. We would also work with communities to improve public transit and get more zero emission cars and electric vehicles on the street.

#### 4.b) Beyond your party's platform, what are your own thoughts about climate change or environmental policy and practice? (Do you have ideas/proposals/priorities for next steps?)

Climate change is the defining issue of our lifetime. It is already having dramatic impacts around the world and across Canada where our climate is warming twice as fast as the global average. One proposal I would like to see implemented is transitioning skilled workers from the oil extraction industry to be part of the clean-up and remediation process. Once an oil company is done extracting oil (and wealth) from the ground they often abandon the oil wells with no timeline to clean them up. Alberta alone has more than 100 000 abandoned wells. Supporting workers for the clean-up process will maintain thousands of well-paying jobs and help prevent further environmental damage.

#### 4.c) More specifically...

#### (I) Should Canada explicitly aim to be a global leader in the development of green economies? What could Canada do to take a leadership role? Would you support a shift in the Canadian economy away from fossil fuels?

The transition away from fossil fuels will

be a critical part of addressing the threats of catastrophic climate change and we must start the shift to a carbon free economy right away. Canada can and should be a world leader in clean technology research and manufacturing and an NDP government would invest in centres of excellence to further develop innovations to support a transition to a low energy economy. Canada can also become a world leader in the development and production of zero-emission vehicles, renewable energy and smart power grid technology.

### (II) Canada produces so much waste that we have to ship it to other countries. What goals would your government set for reducing waste and how would you achieve them?

Offloading waste produced in Canada onto other, often less developed, countries masks a much bigger problem and is an unfair relationship between countries. The NDP has proposed a ban on single use plastics and supports the transition to more sustainable materials. We would also hold companies responsible for the entire lifecycle of their plastics products and packaging and would join with municipalities to help improve their waste management and recycling programs and work towards a zero-waste future.

### 5. Will you advocate for universal childcare why/why not? Will this be a priority policy area for you?

As a parent of a young child, I know the challenges families face to find affordable, available and quality childcare. I also know the impact that childcare can have to increase education outcomes, support women, and help families escape poverty. And since Doug Ford's government has cut back funding that cities used to help keep childcare spaces open, there is an even greater need for the federal government to take action. The NDP will make childcare a priority by investing \$1 billion in 2020 and growing that investment annually, along with the provinces and territories.

### 6. What is your plan for immigration reform? What values and data is your plan based on?

Unless you are from one of Canada's First Nations, Metis, or Inuit communities, Canada is – and will continue to be – a country founded on immigration. Our immigration process should be rooted in the values of fairness, respect, and dignity and should recognize the important role plays both culturally and economically. We must offer a fair process that meets Canada's labour force needs and recognizes people's experiences, contributions, and ties to Canada. We will tackle the backlog on family reunification applications and work to prevent the exploitation of care givers and temporary foreign workers.

### 7. What role do you see for gender-based analysis in public policy? Will you ensure that GBA+ is broadly implemented?

Everything a government does should be done through the lens of GBA+. Not only is it the right thing to do, evidence shows that it will lead to better outcomes for all Canadians, not just women. The NDP is committed to implementing GBA+ as part of its budgeting and policy analysis and will take action to ensure the federal government leads by example, such as finally implementing true pay equity across all federal government jobs.

### 8. What next steps would your government take in Canada's relationship with indigenous peoples?

A new framework for reconciliation between Canada and indigenous peoples must be grounded in the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP), which sets out minimum standards for the survival, dignity, and well-being of Indigenous peoples. An NDP government would work with Indigenous peoples to co-develop a National Action Plan for Reconciliation which will include implementing UNDRIP and the Truth and Reconciliation

Commission's 94 Calls to Action. Our comprehensive commitments to indigenous peoples must also include a new fiscal relationship support programs and services, and access to revenue streams to help close the socio-economic gap and support self-government.

**9. How would your government address growing income inequality?**

Income inequality has been on the rise for years in Canada at a time when the tax burden has shifted away from corporations and onto the shoulders of individuals. It's time for new, fair and progressive taxation sources so that governments can make investments that will benefit all Canadians. An NDP government would close stock option loopholes and crack down on tax havens, increase the taxes on capital gains, and ask the very rich to pay a new one percent wealth tax on wealth over \$20 million. We would also roll back the Conservatives' corporate income tax cuts by three percentage points to 2010 levels.

**10. How would your government address the rising cost of living, especially with respect to housing?**

According to the Canadian Centre for Policy Alternatives, if you're a minimum wage earner in our city, you would have to work 54 hour a week to be able to afford a one-bedroom apartment. With a focus on and building capacity for social, community, and affordable housing providers and co-ops, an NDP government would work with provinces and municipalities, to create 500,000 units of quality, affordable housing in the next ten years, with half of that done within five years. Our federal investment will begin with \$5 billion in additional funding in the first year and a half of a New Democrat government. We would also fast-start funds to streamline the application process for co-ops, social and non-profit housing to help jumpstart new projects, double the homebuyers tax credit, and re-introduce 30-year terms to CMHC insured mortgages on entry-level homes for first time home buyers.

**11. How much of our national budget should go toward foreign aid and development? What should our priorities be?**

The NDP has long committed to meeting a foreign aid commitment of 0.7% of GDP. We must focus on our international commitments to meeting the Sustainable Development Goals, further invest in global health initiatives and step up efforts to promote gender equality and access to education for women and girls. Canada should also hold Canadian companies to a high standard of corporate social responsibility at home and abroad – and ensure they meet it. We must also take a global leadership role in

helping low-income countries deal with the impacts of climate change.

**12. What specifically will you do to eradicate hate and intolerance of minority groups in Canadian society? (LGBTQAI2S+, Indigenous, newcomers, etc.)**

As a resident of the Sherman hub, I along with many of you work to ensure that our asset-based community development model upheld anti-racist in anti-oppression values. And as a city councillor I ensured that the uncomfortable conversations around anti indigeneity, racism, homo and transphobia, xenophobia islamophobia and anti-semitism were not ignored. By supporting Hamilton's vast diversity of cultural and ethnic communities in their organizing around justice issues in and around City Hall, I worked to support the leadership and development of power 'within' those communities and simply not 'for' those communities

Our communities are not immune to the growing rise of white supremacy. As the executive director of the Hamilton Centre for Civic inclusion we supported a co-ordinated community response to very difficult experiences of homophobic attacks on Pride Hamilton this past summer. During this process I led practical workshops on how folks can Ally with communities being targeted by the violence of intolerance.

Although it may be unrealistic to claim that we can eradicate hate, we can and must strongly speak out against it and condemn it at every instance. As a Civic leader I am proud to state that I certainly have and will continue to face off and fight passionately against all forms of discrimination.

**13. The majority of Canadians live in cities, with aging infrastructure and increasing threats from extreme weather. Does your party have a plan to fund new projects/improvements?**

Along with the building retrofit program, a New Democrat government will expand federal funding to respond to disasters, and support communities in proactively adapting their infrastructure to withstand floods, forest fires and other extreme weather events. We will also partner with Canadians and communities to make serious investments in making buildings more energy efficient, helping families save money and fighting climate change.

**14. Will your party invest in public transit or cycling infrastructure? What specifically do you propose?**

The NDP would commit to modernize and expand public transit in communities across Canada and ensure that federal transit funding flows with an emphasis on scaling up low carbon transit projects, with the goal of electrifying transit and other

municipal fleets by 2030. We would also work with provinces and municipalities that identify it as a priority, we will help build a path towards fare-free transit.

The NDP has developed a national cycling strategy that would set clear targets for the expansion of cycling friendly infrastructure, increase education for cyclists, pedestrians and motorists and encourage more Canadians to choose cycling as their mode of transportation, and improve national safety standard measures, such as side guard rails for trucks.

**15. Social and political discourse in Canada is becoming increasingly polarized and acerbic. How can you change the rhetoric so that ideas and policies can be vigorously debated without dehumanizing those who hold differing convictions?**

I believe in the importance of open and honest dialogue in politics and everyone who is participating in the democratic process in good faith deserves respect. Though all ideas and policies deserve to be debated, I do not believe in giving a platform to ideas and policies that promote hatred and bigotry. To some, this may seem polarizing, but things feel polarizing right now because we're having a values conversation in our country. I believe Hamilton is a city for everyone, and I will always prioritize protecting the human rights of my neighbours over holding space for people who promote bigotry and hatred.

**Bonus Questions\***

**A- What was the last song that you had stuck in your head? Was it a good thing?**

Clearly any campaign worth its salt in this city has "Knocking at the door" by the Arkells on playlist repeat. I know we do... and it's definitely a good thing.

**B - If you were suddenly to acquire a superpower of your choosing, what would it be? and what would you chose as your superhero name?**

My superpower would be to magically and democratically redistribute the economy and my superhero name would have to be Captain Justice.

**C - Final bonus question suggested by an eight-year old: "Why don't we just snap our fingers and get cake?"**

This election we have the opportunity to snap our fingers, elect a New Democratic government, and get universal pharmacare, while the billionaire pharmaceutical corporations would simply rather just "let us eat cake".



Jasper Kujavsky

jasperkujavsky.liberal.ca

**1. Who are you? What do you want voters to know about you?**

I am a devoted father, uncle and family person



who is passionate about public affairs and civic engagement, social justice, and pluralism. I love sports both as a participant and a fan. I have varied interests including architecture, urban planning, music, and the arts. I am a lawyer who has represented many refugee claimants from some of the world's most strife-torn countries seeking freedom and security in Canada. I have worked as a crown prosecutor seeking to ensure public safety and justice for victims of crime. I have been part of many city and community building projects in Hamilton's urban core. And I am a proud Hamiltonian who deeply believes in this City and is committed to working to improve the lives of all the people who live in this riding.

**2. What are you and your party willing to do to support people with mental health illnesses and**

**addictions? (How will you improve/increase access to services and address the continued stigma surrounding mental health issues?)**

Our Government has worked hard to ensure mental health support for as many as 500,000 young Canadians who currently are not receiving basic mental health services by investing \$5 billion in health care. Examples of the government's commitments in this area include the establishment of a national Suicide Prevention Crisis Line to ensure Canadians are able to access crisis support across the country. More will continue to be done as the Government works with other levels of government and numerous agencies and community organizations to provide the support, educational programming and advocacy required by those in need.

**3. What is your position on national pharmacare - is it fiscally viable?**

Absolutely, it is both fiscally viable and morally required to ensure Canadians have access not only to quality health services but then as well to the medications required that flow from the medical care they have received. The most recent budget

committed to the creation of a Canadian Drug Agency, a new national drug agency that will build on existing provincial and territorial successes and take a coordinated approach to assessing effectiveness and negotiating prescription drug prices on behalf of Canadians. By negotiating better prices, this could help lower the cost of drugs for Canadians by up to \$3 billion per year in the long term.

**4. Canada has joined a growing number of nations (and cities) that have declared a state of climate emergency...**

**4.a) Would your government continue Canada's current policies/practices to address climate change? What additional or alternative actions would your government propose?**

Our Government has led on this crucial priority, including putting a price on carbon pollution, a progressive policy a number of provincial governments led by Doug Ford are actively opposing. From making zero-emission vehicles more affordable and accessible to proposing a ban on harmful single-use plastics our Government has done a great deal, and will do more, to address this key area.

**4.b) Beyond your party's platform, what are your own thoughts about climate change or environmental policy and practice? (Do you have ideas/proposals/priorities for next steps?)**

I believe in our Government's balanced and proactive approach to environmental policy and look forward to having the opportunity to promote and further positive programmes like the Climate Action Fund which provides up to \$3 million annually to support projects that raise awareness and increase participation on climate change across Canada, including a Youth Climate Change Ambassador Programme in Ottawa, a green building educational programme in Ontario, and an Indigenous-focused climate change programme for schools in Nova Scotia. I will do all I can to encourage education and action on climate change by supporting our Government's efforts to work with Canadian innovators which will not only help protect the environment in communities across the country, it will also grow our economy.

**4.c) More specifically... (If not already addressed above)**

**(I) Should Canada explicitly aim to be a global leader in the development of green economies? What could Canada do to take a leadership role? Would you support a shift in the Canadian economy away from fossil fuels?**

Canada under this Government is already a leader in promoting and developing a green and environmentally sound economy, including putting in place regulations to reduce air pollution and reducing health issues like asthma by reducing methane emissions by 40% to 45% by 2025. The government also is phasing out coal power and transitioning to 90% clean electricity, for cleaner air and healthier communities. These are but a few of the many examples of our Government's leadership in this crucial field.

**(II) Canada produces so much waste that we have to ship it to other countries. What goals would your government set for reducing waste and how would you achieve them?**

The proposals regarding the ban on harmful single-use plastics is an example of the proactive and positive approach our Government has taken for reducing waste and protecting our environment, and more will be done if we are again given the opportunity to serve all Canadians in government.

**5. Will you advocate for universal childcare why/why not? Will this be a priority policy area for you?**

Our Government has increased support for families and introduced the new CCB which has lifted over 300,000 children out of poverty. EI parental leave options have been improved, the EI Parental Sharing Benefit was introduced, and support

for those with autism and their families has been brought in. More needs to be done and will be done including the key area of childcare which I will make a key priority of my work if I am honoured to become this riding's next Member of Parliament, especially given the number of young families including single parents who are resident in Hamilton Centre.

**6. What is your plan for immigration reform? What values and data is your plan based on?**

Our Government is responsibly growing immigration levels to 350,000 by 2021, with 72% of the growth by 2021 being in economic programmes. The Government has increased the Provincial Nominee Program by 52% to 71,300 by 2021 to better respond to regional labour market needs, and has created the Atlantic Immigration Programme to attract and retain newcomers in that region. Space here simply does not permit a full accounting and listing of the multiple programmes the Government has implemented and will continue to implement to encourage and facilitate immigration in Canada, fulfilling our mandate and belief in welcoming peoples from across the planet who want to share in the multicultural, pluralistic and democratic Canadian experience.

**7. What role do you see for gender-based analysis in public policy? Will you ensure that GBA+ is broadly implemented?**

Our Government has ensured that its policies and programmes serve Canadians of all backgrounds by putting a gender and diversity lens (Gender-Based Analysis + or GBA+) in the development of all its policies and programmes. It introduced a Gender Results Framework to guide future decision-making and to measure progress in fostering an economy that works for everyone. It enshrined gender budgeting in the federal government's budgetary and financial management processes. It hosted nearly 1000 leaders, in-person and online, from across Canada and the world, to further enhance the application and impact of GBA+ during the Gender-Based Analysis + Forum in November 2018, and created a new Centre for Gender, Diversity and Inclusion Statistics to help address gender gaps through evidence-based policy and decision-making. These are but a few of the multiple actions our Government has taken to lead on this important file and a re-elected Government will clearly continue to lead and make progress in this area.

**8. What next steps would your government take in Canada's relationship with indigenous peoples?**

Our Government has created two new departments focusing on Indigenous issues that will increase capacity to implement the existing and future agreements with Indigenous Peoples, following the recommendation of the Royal Commission on Aboriginal Peoples. It launched the National Inquiry into Missing and Murdered Indigenous Women and Girls, and responded substantively to the interim report including a commitment of nearly \$50 million in new funding to: Increase health supports and victim services for families and survivors. The Government took immediate action with investments in women's shelters, housing, education, reform of child welfare, and safety on the Highway of Tears. It continues to work with First Nations to resolve historical grievances through specific claims, at twice the rate of any previous government in Canadian history, settling 100 specific claims since November 2015, which is twice the average rate of settlement from the time the process began in 1973. Clearly much remains to be done and significant work lies ahead, but this Government has demonstrated a sincere commitment to addressing these concerns and will continue to do so if honoured with a second term in government.

**9. How would your government address growing income inequality?**

Our Government has worked hard to grow our economy, lower taxes for the middle class, and create

many good new jobs. Over 850,000 people have been lifted out of poverty and over a million new jobs have been created during this Government's first mandate. Clearly more needs to be done and will be done, for as our Government repeats all the time, "better is always possible", but we are on the right course.

**10. How would your government address the rising cost of living, especially with respect to housing?**

The Government's commitment to affordable housing is clear in the \$55 billion National Housing Strategy, and its commitment to creating good new jobs, lowering taxes for the middle class, protecting and strengthening pensions, investing in better roads, transit and bridges, and providing better health care for all peoples and specifically our seniors is clear evidence that the Government understands the pressures of the cost of living and is working hard to put in place policies that improve the lives of all those in Canada.

**11. How much of our national budget should go toward foreign aid and development? What should our priorities be?**

The Government's Budget provided an additional \$2 billion over five years, starting in 2018-19, to Canada's International Assistance Envelope to support Ottawa's humanitarian assistance and development priorities under its new Feminist International Assistance Policy. Our Government has responsibly identified effective ways to maximize the benefits of investments in foreign aid that help those who most need assistance, and Canadians can expect more responsible leadership on the international front if our Government wins the right to further its work in a second term.

**12. What specifically will you do to eradicate hate and intolerance of minority groups in Canadian society? (LGBTQAI2S+, Indigenous, newcomers, etc.)**

As a Member of Parliament I would do my best to use the platform of that office to reach out and encourage tolerance and dialogue while promoting the Canadian values of equality, diversity and inclusion. One example of how our Government has directly addressed historical concerns and past injustices was seen in the recognizing of the wrongs committed against LGBTQ2+ Canadian Armed Forces members who were released because of who they love. As part of the Prime Minister's formal apology to LGBTQ2+ Canadians, impacted current and former members of the Canadian Armed Forces can now submit their claims in order to begin righting this historic wrong. I will do all I can, if honoured with the opportunity to serve, to ensure past injustices are identified and addressed while trying as best I can to prevent any further injustices from ever taking place.

**13. The majority of Canadians live in cities, with aging infrastructure and increasing threats from extreme weather. Does your party have a plan to fund new projects/improvements?**

Our Government has pledged to continue implementing the historic Investing in Canada Plan, evidenced by the establishment of the Canada Infrastructure Bank, which uses federal funds to attract private sector investment in transformational infrastructure projects that are in the public interest. Our Government has approved more than 4,800 projects across the country, more than four times what the previous government approved in the last five years of their mandate. The Government has stipulated that unspent infrastructure funds from older, inactive programmes are transferred to municipalities through the Gas Tax Fund to support local infrastructure priorities, and doubled the Gas Tax Fund in the 2019 Budget, providing a one-time injection of \$2.2 billion for municipal projects across Canada. This is just a fraction of the comprehensive list of initiatives the Government has undertaken, and more will follow in a second term for our

Government.

**14. Will your party invest in public transit or cycling infrastructure? What specifically do you propose?**

Our Government has made significant investments in public transit, including funding the purchase or refurbishment of more than 8000 new and refurbished buses, upgrading nearly 15,000 bus stops and shelters to protect commuters and encourage more Canadians to use transit services, providing 586 new or refurbished rail vehicles and 205 kilometres of new public transit rail track, and funding 89 projects resulting in 472 new or upgraded paratransit vehicles. The Government can be expected to continue working cooperatively with its provincial and municipal partners to encourage more effective and environmentally sustainable public transit and cycling infrastructure.

**15. Social and political discourse in Canada is becoming increasingly polarized and acerbic. How can you change the rhetoric so that ideas and policies can be vigorously debated without dehumanizing those who hold differing convictions?**

I have many friends of differing political and other views, and I believe fundamentally that we are all different but equal. That is at the core of pluralistic thought, respect and celebration for difference and individuality. I try my best to practice the concept that we can agree to disagree without being disagreeable. The essence of the EDI lens is that if we truly believe in equality and diversity we don't then personally attack those who disagree with us and label them "the other". That said, however, we must also balance inclusion with the need to deal with outright hate and racism which cannot and should not be normalized under the umbrella of free speech. It is a difficult balance we have to continuously work on, but it is so important we must do it every day as we strive to make our communities stronger and safer.

**Bonus Questions\***

**A - What was the last song that you had stuck in your head? Was it a good thing?**

The Carpenters "Top of the World", which in my view was a good thing given that the late Karen Carpenter had, in my view and that of many music experts I have heard speak to this subject, one of

the most beautiful singing voices in popular music history.

**B - If you were suddenly to acquire a superpower of your choosing, what would it be? and what would you chose as your superhero name?**

I have long had a fascination with the concept of time travel, and some of my favourite movies and books of fiction have been themed around this idea. I understand this name may already have been used in a film, but The Time Traveller would best describe the superpower of my imagination.

**C - Final bonus question suggested by an eight-year old: "Why don't we just snap our fingers and get cake?"**

Because life includes the values of hard work, preparation, and commitment, and not simply entitlement to whatever you want whenever you want it. That said, however, there are things we do have the fundamental right to have, such as access to quality health care, good education, a basic income and standard of living, affordable and safe housing, and freedom from abuse and discrimination.

2019 Federal Election

TRUTH

Have you done your homework?

Do you know which candidate will promote the policies and ideas that are important to you?

Will you be able to impress your friends at the next fancy cocktail party because you voted in the 2019 Federal Election?

DON'T JUST LIST IT.  
LET'S **SELL** YOUR HOME.



Steve Devisser

SALES REPRESENTATIVE

cell: (905) 537-4357

thelistingexperts.ca



793 Main St East, Hamilton  
(289) 389-2323  
steve@thelistingexperts.ca

**Shriners' Car Show**

Wednesday, September 4, 11, 18, 5:00 pm - dusk  
 Pier 4 Park  
 Featuring classic cars, theme nights, live bands, entertainment, plus "Cruiser of the Night" award, 50/50 draw, Avon Beauty Basket free ticket draw and many gate prizes.  
 www.walkinthewaterfront.ca

**Stories in the Stones Tours**

Saturday, September 7, 14, 21, 28, October 5, 12, 19, 26, 11:00 am - 1:00 PM  
 Hamilton Cemetery, 777 York Blvd, across from Dundurn Castle  
 The Stories in the Stones tells fascinating tales of love, patriotism and tragedy through free, guided walking tours of Hamilton Cemetery. Early settlers such as Robert Land and George Hamilton, victims of the Desjardins Railway Disaster and a large number of past Mayors of Hamilton rest here. Former Senators and American Civil War Veterans (War of 1812) can also be found buried in this historical cemetery.  
 hamilton.ca/attractions

**The Forge FC Soccer Game**

Saturday, September 8, 1:00 PM  
 Tim Hortons Field  
 The Forge vs York 9 FC  
 forgefc.canpl.ca

**Hamilton Sings! Community Choir**

Saturday, September 14 & 21, open rehearsals, 9:45 am - 12:15 pm  
 Sherman Boys and Girls Club (HARRRP), 705 Main St. E at St. Clair  
 Singing for the love of it - no audition required. Fall term September - December. Suggested fee \$150 or pay what you can. No experience necessary!  
 hamiltonsings.ca, hamiltonsings@gmail.com, 905-544-1302

**Canadian Japanese Cultural Centre Open House**

Saturday, September 14 & 21, open rehearsals, 11:00 am - 3:00 PM  
 Canadian 45 Hempstead Drive  
 Free admission and program demos. Delicious food will be available for purchase. This year, the program will start with the Consul General presenting a Foreign Ministers Commendation to the Centre, for its promotion of Japanese culture in Canada.  
 FB Canadian Japanese Cultural Centre of Hamilton

**Steel City Octoberfest**

Saturday, September 21, 3:00 PM - 12:00 AM  
 Germania Club of Hamilton  
 50th annual Bavarian Festival. Featuring draught beer, delicious food, and live music.  
 germaniaclub.ca, 905-549-0513

**Holiday Wish Hamilton Gala Event**

Saturday, September 21, 5:00 PM - 12:00 AM  
 Marquis Gardens, 1050 Rymal Road East  
 Helping 50+ families in the greater Hamilton area. Through no fault of their own families at times have difficulties at the holidays. Holiday Wish gives them hope and support so that they can have a little cheer no matter the situation.  
 hwhamilton.ca, FB Holiday Wish Hamilton Gala Event

**Beautiful Alleys Fall Cleanup**

Saturday, September 28, 9:00 AM - 1:00 PM  
 Alleys, parks, and rail lines  
 Volunteer teams keeping Hamilton clean. Supplies provided. Let's pick it up!  
 FB Beautiful Alleys, hamiltonalleys@

gmail.com

**Ottawa Street Sidewalk Sale**

Saturday, September 28, 10:00 am - 2:00 PM  
 Ottawa Street North  
 Enjoy entertainment and family fun! And find some fabulous bargains!  
 shopottawastreet.com, FB Ottawa Street BIA

**The Forge FC Soccer Game**

Saturday, September 28, 3:30 PM  
 Tim Hortons Field  
 The Forge vs Pacific  
 forgefc.canpl.ca

**Mission Services Ride for Refuge**

Saturday, October 5, Time and start location to be announced  
 family-friendly cycling and walking fundraiser that supports charities who provide refuge and hope for displaced, vulnerable and exploited people everywhere. Mission Services of Hamilton is proud to be one of the participating charities.  
 rideforrefuge.org  
 kjessup@mission-services.com 905-528-4211 x 3102

**The Forge FC Soccer Game**

Sunday, October 6, 3:30 PM  
 Tim Hortons Field  
 The Forge vs York 9 FC  
 forgefc.canpl.ca

**Sherman Hub Community meeting**

Monday, October 7, 7:00 - 9:00 PM  
 Tim Hortons Field, 2nd floor community room  
 Meet the candidates for the federal election.  
 FB the Sherman Hub

**The Forge FC Soccer Game**

Wednesday, October 16, 7:00 PM  
 Tim Hortons Field  
 The Forge vs Cavalry FC  
 forgefc.canpl.ca

**Kate Andrus Pumpkin Prowl**

Friday, October 18, 4:30 - 6:30 pm  
 Belview Park  
 Whether parenting or work schedules mean you will miss Halloween with your special little ones, or one night of Trick-or-treating isn't enough, Halloween comes twice in Crown Point and we call this one the Kate Andrus Pumpkin Prowl.  
 Games, prizes, vendors, door to door treats, and so much more. Donations are welcome and appreciated.  
 FB Kate Andrus Pumpkiin Prowl, pumpkinprowl.ca, pumpkinprowl@gmail.com

**Fall Garden and Mum Show**

October 18 - 27, 9:00 AM - 7:00 PM  
 Gage Park Greenhouse  
 The Chrysanthemum Show is an amazing floral display created by some of Hamilton's finest horticulture staff. The display is a breathtaking feature of over 200 varieties of Chrysanthemums with more than 75,000 blooms, and has a different theme each year. Free parking, family zone, entertainment, seminars, vendor marketplace and cafe.  
 hamilton.ca/attractions

**Midtown BIA Public Meeting**

Wednesday, October 23, 6:30 - 8:00 PM  
 Sherman Boys and Girls Club (HARRRP), 705 Main St. E at St. Clair  
 A special public meeting to discuss the approval of a new Midtown BIA, including business on King and Main Streets, from Gage to Wentworth. Everyone welcome.  
 FB Midtown BIA, midtownbia.ca

**Sherman Hub Community meeting**

Monday, November 4, 7:00 - 9:00 PM  
 Tim Hortons Field, 2nd floor community room  
 Focus on Seniors  
 FB the Sherman Hub

**Programs at Sherman Boys and Girls Club (formerly HARRRP)**

Ongoing, Day and Evening  
 705 Main St. E at St. Clair  
 Boys and Girls Clubs of Hamilton is proud of their amalgamation with HARRRP, working together to effectively and efficiently serve the community  
 Programs include dancing, creative arts, digital literacy, and more!  
 Phone 905-544-0050  
 sherman@kboysandgirlsclub.com  
 kboysandgirlsclub.com/sherman-club

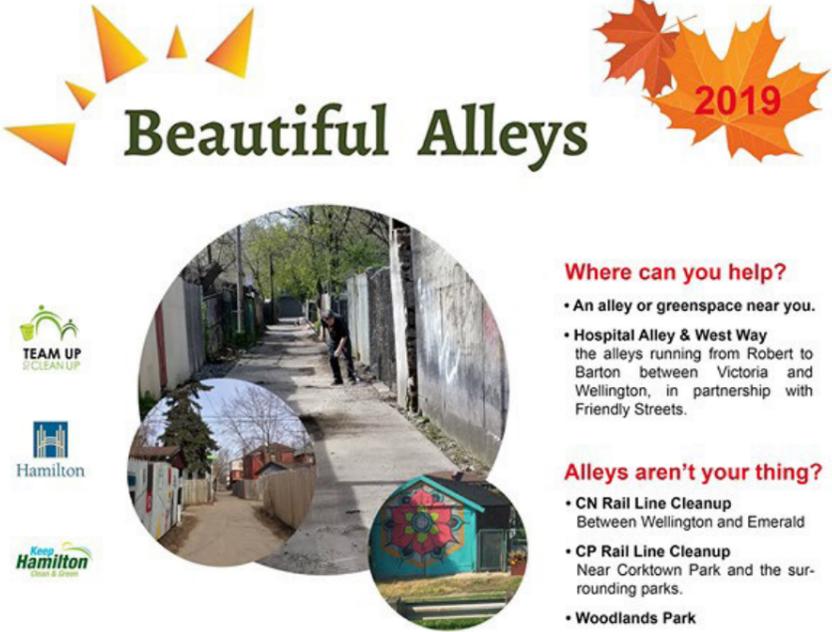
For detailed info on happenings in and around the Sherman Hub Community, visit our Facebook page "the Sherman Hub".



**LAKESIDE**  
 INSURANCE & FINANCIAL

**Your Local Insurance Broker**  
 Offering Quality Products &  
 Superior Service Since 1958

**905-544-5092**  
 lakesideinsurancefinancial.com



**Beautiful Alleys** 2019

**Where can you help?**

- An alley or greenspace near you.
- Hospital Alley & West Way the alleys running from Robert to Barton between Victoria and Wellington, in partnership with Friendly Streets.

**Alleys aren't your thing?**

- CN Rail Line Cleanup Between Wellington and Emerald
- CP Rail Line Cleanup Near Corktown Park and the surrounding parks.
- Woodlands Park
- Powell Park

**For more information, email hamiltonalleys@gmail.com**

**LET'S PICK IT UP!**

**Meet up at one of the Command Centrals**

- Powell Park Clubhouse 56 Birch Avenue at Barton Street
- Hamilton Mountain Royal Bank Parking Lot - 555 Concession Street
- Crown Point Memorial School - 1175 Main St E
- CP Rail Cleanup Corktown Park - near the Rail Trail Dog Park
- CN Rail Cleanup Victoria and Birge Avenue

**28**  
**September**  
 9 am - 1 pm

Printing: VMI Corp. Digital, colour and volume book printing Services. www.vmi.com